

# Lots care

## **NEWSLETTER**

#### stroke system of care trial



## **Trial Update**



The LoTS care trial is evaluating a new approach to delivering longer-term support for patients and carers in the community. We are collaborating with 32 community stroke services across the UK (see map below).

LoTS care is split into two phases which differ only in their time-lines.

Phase 1: Recruitment started in Phase 1 in July 2009. 11 services are currently recruiting with 3 more to join in the near future.

Phase 2: 18 community services were randomised in September. Those services in the intervention group are currently undergoing training in the intervention. Recruitment is due to begin in phase 2 in January 2010.

The trial is aiming to recruit 800 patients and their carers if they are available.

This is equivalent of 25 patients per service. To reach our recruitment target we need to recruit 2 patients per month per service.

Patients are eligible for the trial if they are returning home after their stroke and are referred to a participating community stroke service.

For further information on the trial please get in touch or visit our website.

Thank you to the community stroke services, researchers, Stroke Research Network and everyone who has helped us during the trial set-up. We are incredibly grateful to everyone who enabled this important trial to get off the ground.

#### Contact us...

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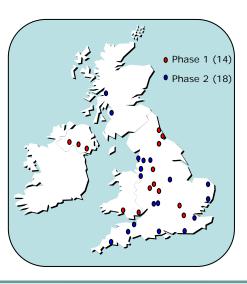
### Prizes!



★ There will be a prize for whoever registers patient number 100!

★ There will also be a prize for any service who recruits 3 patients in November.

If everyone recruited 3 patients in November this would allow us to hit our target of 90 patients by the UK Stroke Forum on 1st December.



## Recruitment Total = 59

Congratulations to **Emma Cope** who recruited the 50th patient to LoTS care in St Peter's Hospital, Surrey.

Thank you to everyone who has helped us reach 50 patients.

We would like to reach 90 patients by the UK Stroke Forum in December—please keep up the good work!